

Name \_\_\_\_\_ Date \_\_\_\_\_  
*Last First MI*

Address \_\_\_\_\_  
*Street City State Zip*

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Sex:  Female  Male

Phone #s: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

E-mail \_\_\_\_\_ Contact Preference:  Home  Work  Cell  E-mail

Employer/Occupation \_\_\_\_\_ Marital Status:  Single  Married  Other

Referring Provider \_\_\_\_\_ Phone \_\_\_\_\_

Address of Referring Provider \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**INSURANCE INFORMATION** – Please provide insurance card for copying at 1<sup>st</sup> appointment

Primary Insurance \_\_\_\_\_ Customer Service Phone \_\_\_\_\_

Subscribers Name \_\_\_\_\_ Birth Date \_\_\_\_\_

ID Number \_\_\_\_\_ Group Number \_\_\_\_\_

Patient's relationship to insured:  self  spouse  child  other Co-Pay amount \_\_\_\_\_

Secondary Insurance \_\_\_\_\_ Customer Service Phone \_\_\_\_\_

Subscribers Name \_\_\_\_\_ Birth Date \_\_\_\_\_

ID Number \_\_\_\_\_ Group Number \_\_\_\_\_

Patient's relationship to insured:  self  spouse  child  other

**IF YOU HAD AN ACCIDENT, PLEASE COMPLETE THIS SECTION**

Date of accident \_\_\_\_\_ How did it happen?  Auto  Work  Other \_\_\_\_\_

Insurance Company \_\_\_\_\_ Claim Number \_\_\_\_\_

Address \_\_\_\_\_ Claims Adjuster \_\_\_\_\_ Phone \_\_\_\_\_

Attorney \_\_\_\_\_ Phone \_\_\_\_\_

**Please read the following statements and sign below if you agree to the terms:**

1. I authorize the release of any and all medical information that is necessary to process my claims or assist in my health care.
2. I have received a copy of the Notice of Privacy Practices and understand my rights to privacy and confidentiality regarding access to my medical records.
3. I authorize the payment of medical benefits for all claims filed to my insurance company. I am financially responsible for any balance.

Signed \_\_\_\_\_ Date \_\_\_\_\_

# STRIDE PHYSIO, PLLC

## Current Health Condition

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Hand Dominance  Right  Left Referring Provider: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Diagnosis or reason for seeking physical therapy: \_\_\_\_\_  
\_\_\_\_\_

Date of onset (or approximately how long have you experienced symptoms): \_\_\_\_\_

Location of symptoms: \_\_\_\_\_

Have you had testing or imaging?  Yes  No If yes, what was done? \_\_\_\_\_

Have you had this problem before?  Yes  No If so when? \_\_\_\_\_

Was a surgery performed? If so when? \_\_\_\_\_

If you have pain, rate your pain level on a scale of 0-10 (0=no pain, 10=most extreme pain)

Current pain level \_\_\_\_\_ At worst \_\_\_\_\_ At best \_\_\_\_\_

How would you describe your pain:  Ache  Dull  Sharp  Burning  Shooting  
 Deep  Superficial  Numbness  Tingling  
 Other: \_\_\_\_\_

Are your symptoms:  Constant  Intermittent  Infrequent  Variable

Is your pain worse at a certain time of day?  Yes  No  
If yes,  Worse at night  Worse in morning  Other? \_\_\_\_\_

Do you have difficulties getting to sleep due to pain?  Yes  No

Do you wake due to pain?  Yes  No If yes, # of timer per night \_\_\_\_\_

What activities are difficult to perform due to your condition?

- Sitting  Standing  Squatting  Walking  Lifting
- Reaching  Dressing/Grooming  Driving  Stairs
- Gripping/pinching  Kneeling  Lying down  Work Tasks
- Changing positions  Other: \_\_\_\_\_

What household duties are you having difficulties performing?

- Cooking  Cleaning  Vacuuming  Laundry  Yard Work
- Grocery Shopping  Other: \_\_\_\_\_

What activities make your pain/symptoms better? \_\_\_\_\_

What activities make your pain/symptoms worse? \_\_\_\_\_

Patient Name: \_\_\_\_\_

## Previous Medical History

How would you classify your general health:     Good             Fair             Poor

In terms of your general health, please check ALL that apply:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Allergies              | <input type="checkbox"/> Recent Nausea/vomiting        | <input type="checkbox"/> Change in Bowel/Bladder Function |
| <input type="checkbox"/> Rheumatoid Arthritis   | <input type="checkbox"/> Heart Attack                  | <input type="checkbox"/> Pain with Cough/Sneeze           |
| <input type="checkbox"/> Metal Implants         | <input type="checkbox"/> Cancer                        | <input type="checkbox"/> Smoking History                  |
| <input type="checkbox"/> Recent headaches       | <input type="checkbox"/> Skin Abnormalities            | <input type="checkbox"/> Pacemaker                        |
| <input type="checkbox"/> Recent Vision Changes  | <input type="checkbox"/> Osteoporosis                  | <input type="checkbox"/> High/Low Blood Pressure          |
| <input type="checkbox"/> Sexual Dysfunction     | <input type="checkbox"/> Hernia                        | <input type="checkbox"/> Diabetes I or II                 |
| <input type="checkbox"/> Osteoarthritis         | <input type="checkbox"/> Depression                    | <input type="checkbox"/> Unexplained Weight Loss/Gain     |
| <input type="checkbox"/> Heart Palpitations     | <input type="checkbox"/> Surgeries                     | <input type="checkbox"/> Pregnancy (current)              |
| <input type="checkbox"/> Chest Pain/Angina      | <input type="checkbox"/> Polio                         | <input type="checkbox"/> Recent Unexplained Fatigue       |
| <input type="checkbox"/> Stroke/TIA             | <input type="checkbox"/> Intolerance to cold/heat      | <input type="checkbox"/> Numbness/Tingling                |
| <input type="checkbox"/> Physical Abnormalities | <input type="checkbox"/> Recent fractures              | <input type="checkbox"/> Multiple sclerosis               |
| <input type="checkbox"/> Hypoglycemia           | <input type="checkbox"/> Heart Disease                 | <input type="checkbox"/> Other autoimmune conditions      |
| <input type="checkbox"/> Night pain             | <input type="checkbox"/> Liver/Gallbladder problem     |   |
| <input type="checkbox"/> Urine Leakage          | <input type="checkbox"/> Fibromyalgia                  |   |
| <input type="checkbox"/> Kidney Problems        | <input type="checkbox"/> Asthma/breathing Difficulties |   |
| <input type="checkbox"/> Anemia                 | <input type="checkbox"/> Seizures/Epilepsy             |   |
| <input type="checkbox"/> Recent Fever           | <input type="checkbox"/> Recent Dizziness/Fainting     |   |
| <input type="checkbox"/> Ringing in the ears    |  |   |

Previous Surgeries (*please list all and date*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Previous Injuries/Orthopedic Problems (*include date*)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

Current Medications and/or Supplements and reason for taking

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

What hobbies, sports, fitness &/or recreational activities do you do regularly? \_\_\_\_\_  
\_\_\_\_\_

What goals do you have for therapy? \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*